

he Management of the Nigerian Ports Authority, NPA is making a giant stride towards the nation's economic development as the authority generates one hundred and ninety-one billion, four hundred million naira (N 191.4 billion) during the first half of 2023.

While elucidating on this landmark achievement, the Managing Director, Mohammed

Bello Koko said, "viewed within the context of the current global economic upheavals which have affected trade volumes in all climes, our current growth trajectory is encouraging and gives us confidence to project a revenue growth of over **N500 billion** with concomitant increase in remittance to the Consolidated Revenue Fund (CRF) by the end of the year 2023, giving that shipping activities peak in the second half of the year".

The **NPANews online** congratulates the management and staff of the Nigerian Ports Authority for achieving this exceptionally remarkable feat especially in the presence of the today's global economic downturn.



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- As Revenue Generation Increases



THE EDITOR'S DESK

A MESSAGE FROM OUR EDITOR

he Nigerian Ports Authority, NPA has generated N191. 4 billion revenues in the first half of the year running January to June, 2023 inspite of the current global economic upheaval that affects the international trade.

The Mohammed Bello Koko led management anticipates a trajectory growth in the maritime activities as the year progresses especially with the inauguration of the ministers' that will champion our trade facilitation.

Our segment on the work ethics featured as usual with emphasis on time management and goal setting.

The innovation on effective communication through technology as exemplifies by the newly elected executives of the Senior Staff Association, Headquarters Districts also came into focus.

We have our regulars on: Health & Safety, Maritime Terminologies and others.

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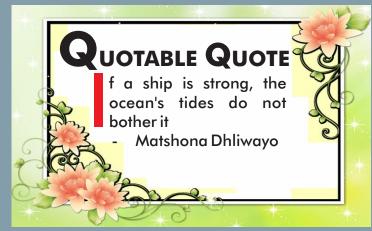
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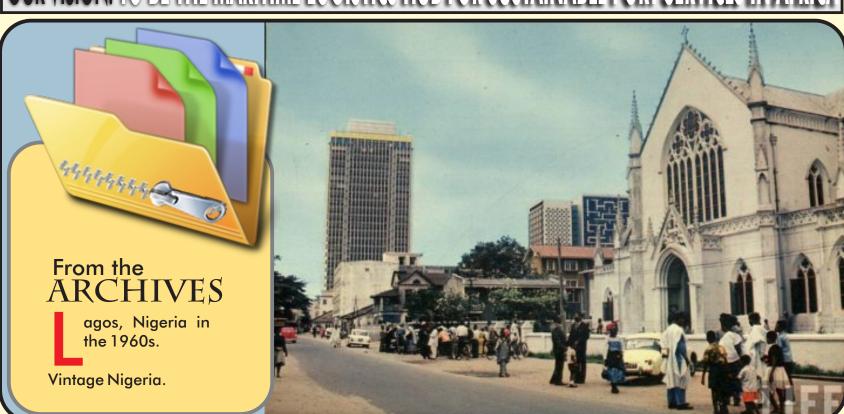
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Contributions are welcome from members of staff. You can send high resolution photographs of your social events like birthdays, marriages, burials, etc

OUR VISION: TO BE THE MARITIME LOGISTICS HUB FOR SUSTAINABLE PORT SERVICES IN AFRICA



A production of the Corporate and Strategic Communications Division Available on www.nigerianports.gov.ng and in emails of all officers/staff of NPA.



n this edition, we will continue with Time Management/Goal Setting.

Goal Setting can be applied in every aspect of our lives, including finances, physical wellbeing, personal development, relationships and more.

For ease of reference, the **SMART Principle** comes into bare when goal setting is involved.

What then is the SMART Principle?

- **S-** Specific: what do you want to accomplish?
- **M** Establish criteria to measure progress and know when it is accomplished?
- **A**-Achievable: How can the goals be accomplished?
- **R** Realistic: Does this seem worthwhile and practical?
- T- Time bound: When can I accomplish this goals?

Specific skills related to goal setting include: (a) Initiative (b) Decision- making (c) Selfmotivation and (d) Selfdiscipline

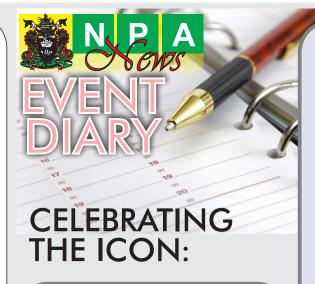
Time management is more than just managing our time but;

- 1 Managing ourselves with time
- 2 Setting priorities and taking charge of our schedules
- 3 Identifying and changing habits or activities that cause us to waste time
- 4 Essential for maximum health and personal effectiveness.

Good time management skills help you get more done and improve quality of your work.

To be continued.

Courtesy: Mrs. Nwokedi Clara U. Principal Manager, Training & Development



ngr. Dafe Timothy as he retires from active services

The board and management of the NPANews online celebrate our columnist on Health & Safety page, Engr. Dafe Timothy Sivwenoja, Asst. General Manager, Safety as he statutorily retires from the services of the Nigerian Ports Authority. His intelligent contributions to the monthly online publications would not be forgotten easily. We thank you earnestly for being part of the success story.

Congratulations.

- Signed: Editorial Team, NPANews online publication.



NPA HEADQUARTERS SENIOR STAFF IMBIBES HIGH TECH APPROACH

By Friday Eze

he Nigerian Ports Authority's District, Senior Staff Association of Statutory Corporations and Government Owned Companies (SSASCGOC) has evolved a high tech approach towards managing its members. This was revealed to the NPANews online by the incumbent Chairman, Comrade Sagir Ahmed recently

According to Sagir, the innovation allows every member of the Association easy access to information gathering and a feedbacks approach with the executives.

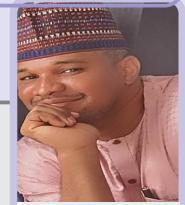
Members who wish to send feedback or complaints only need to scan the barcode scanner and fill the form that props up, then submit same appropriately.

The chairman maintained that this innovation was a part of the promises made during the election campaign. It will bring leadership closer to the valued members, while reiterating that member's feedback is an essential ingredient to understanding and addressing the challenges being experience by members in the workplace.

Recall that the NPA Headquarters District, SSASCGOC recently held their election and the following were duly elected to pilot their affairs; Comr. Sagir Ahmed (Chairman), Comr. Ifih Ogboru (Secretary), Comr. Daniel Odjugo (Asst. Sec.), Comr. Idris Danjuma (Treasurer), Comr. Ambrose Okoro (Financial Sec.) and Comr. Risikat Adekoya (Auditor).

AHMED SAGIR,

Chairman, SSASCGOC-Maritime Branch, Marina Zone



FEEDBACK

FROM OUR VOL. 6 NO 71, JUNE 2023 PUBLICATION

The piece on visa acquisition is very educative and the suggestions by the upcoming officers on working remotely and other options to cushion the effect of fuel price hike regime should be escalated. I am particularly impressed that your team took note of the earlier comments on people oriented covers, kudos.

- Mrs. Olufunmilayo Olotu

Asst. General Manager, Tariff & Billing.



Contributions are welcome from members of staff. You can send high resolution photographs of your social events like birthdays, marriages, burials, etc



Compiled by FRIDAY EZE

Straddle carrier: Container terminal equipment that is motorized and runs on rubber tires. It can straddle a single row of containers and is primarily used to move containers around the terminal as well as to transport containers to and from the transtainer and load/ unload containers from the truck chassis.

Stripping: The process of removing cargo from a container. **Stuffing:** The process of packing a container with loose cargo before inland or ocean shipment.

Tank barges: Used for transporting bulk liquids, such as petroleum, chemicals, molasses, vegetable oils and liquefied gases. Tariff: Schedule, a system of duties imposed by a government on the import/ export of goods; also, the charges, rates and rules of a transportation company as listed in published industry tables. Terminal: The place where cargo is handled is called a terminal (or a wharf).

Terminal Operators: The company that operates cargo handling activities on a wharf. A terminal operator oversees unloading cargo from ship to dock, checking the quantity of cargo versus the ship's manifest (list of goods), transferring the cargo into the shed, checking documents authorizing a trucker to pick up cargo, overseeing the loading/ unloading of railroad cars. etc.

Towboat: A snub-nose with push knees used for pushing barges. A small towboat (called a **push boat**) may push one or two barges around the harbour. A large towboat is used to push from 5 to 40 barges in a tow is called a **line boat.**

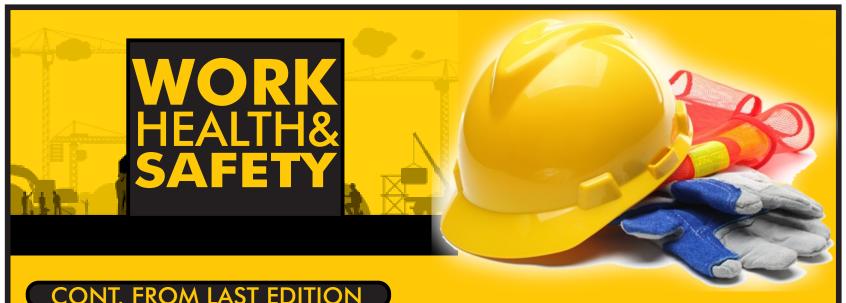


VISA REQUIREMENTS CHECKLIST FOR SOUTH AFRICA

- Application Form (B184) fully completed in **black ink only.**
- Two identical passport -size (35mm width x 45mm height) photographs on a white background, showing the complete face.
- A valid passport with a validity of at least 30 days after the intended stay.
- Copy of the passport data page as well as copies of existing visa and previously issued visas.
- Self-introduction letter including physical address and phone number.
- Introduction/Recommendation letter from an employer (where applicable) signed with contact details including full names of the employer's approved signatories, physical address and phone numbers).
- Verifiable hotel reservation/bookings which must be made directly with the hotels and not through third parties, (e.g. booking.com; hotel.com; HRS, etc.).
- Copy of International travelling certificate (yellow fever card) fully completed by a health practitioner. A fully completed card should include the following information; i. Full name of the applicant; ii. Passport number; iii. Date of birth; iv. Gender/sex, v. Signature of the applicant;

- vi. Date on which vaccine was taken; vii; Health practitioner's signature and the name of the vaccine; ix. Official stamp of vaccinating Centre; x. The period of validity of the vaccine. Children who are 10 years and below should submit their Clinic/Health Immunization Card. Any New Yellow Fever Card issued should be in line with the International Health Regulations of 2005. THE ONLY YELLOW FEVER CARDS (INTERNATIONAL TRAVELLING **CERTIFICATE) ACCEPTABLE WILL** BE THOSE ISSUED BY PORT HEALTH.
- > Proof of financial status (three months recent bank statement) or financial support letter from employer with three months bank statement) in a case where the employer is sponsoring the trip. In the event the applicant is travelling on a private capacity, the bank statement submitted should reflect the salary deposited into the applicant's bank statement. Sponsored trips should always have a letter with full details of the sponsor and contact details; as well as a copy of identity card/passport data page. Certain Corporate Entities are exempted from this requirement. (Original, Stamped and Signed by the bank authority).

CONT. NEXT EDITION



efensive driving is a specialized form of training for motor vehicle drivers that goes beyond mastery of the rules of the road and the basic mechanics of driving. It aims to reduce the risk of collision by anticipating potential dangerous situations, despite adverse conditions and the mistakes of others.

To avoid accidents by correcting problems that may become dangerous. Consider these top ten defensive driving tips- continued from the last edition.

6: Avoid Eye Contact

Scientists have found that road rage is escalated when drivers look directly at one another. Most people who suffer from road rage are looking for ways to provoke others, rather than be getting angry about something that has just occurred. Avoid making eye contact with such drivers, and continue driving as usual.

7: Check Intersections

Intersections are where many accidents occur. Many drivers will simply start driving when the light turns green, not everyone stops when the light turns red. Check your left side for any cars that are ignoring the red light, and then look to the right before you start driving through the intersection.

8: Know the Rules of Swerving

It is very important that you only swerve if you are unable to prevent an accident otherwise. In order to swerve safely, you should make sure that the lane that you will be entering is clear, and quickly return to your lane immediately to prevent further problems.

9: Keep Your Distance from Bad Drivers

If you notice that someone is showing signs of being a bad driver, then you need to keep distance, you may want to change lanes and slow down to let the car pass so that you don't have a chance of rear- end collision. If you need to pass a bad driver, try to keep a good distance between your vehicle and theirs.

10: Don't Tailgate

When you drive too closely to another vehicle, you increase your risk of an accident because you leave yourself very

little room to avoid an accident. Try to stay at least three to four seconds behind the person in front of you. If you have a larger vehicle, you will need to allow more room so that you will have enough time to stop. Tailgating is on just about every top ten defensive driving tips list, and for good reason.

By following these top ten defensive driving tips, you will be able to prevent accidents by simply being more aware of what is going on around you.

DEFENSIVE DRIVING



By Engr. Dafe T. S. Asst. Gen. Manager, Safety



WORK HOUR RELAXATION

ency at the I-being to

ental and Physical Well-being of workers are vital elements for efficiency at the workplace. How do you manage your Mental and Physical Well-being to enhance your daily performance at the workplace?

Compiled by FRIDAY EZE



try as much as possible to spend my annual leave as at when due and also engage in physical activities like brisk

walking at least 6,000 steps daily. Gymnastics is also a form of exercise. Infact, work- life balance is the key element for efficiency at the workplace.

Okakpu Ada Gloria, Training Dept., LPC

have determined to maintain my physical well-being by eating right and adding a little exercise to it. Maintaining a good home is very important, so I try to have a good relationship with my spouse, children and other family members. I also try to maintain a cordial

relationship with my colleagues in the office. We spend eight to nine hours at work so we must maintain peace. Balancing the home, office and peers helps you to be balanced mentally and physically.

Amaka Johnson, Accounts (Superannuation)



I believe life and living do not have to be difficult.

Fauzyya Kindi, Human Resources, HQ

ne should always take his or her personal well-being seriously by doing those things that will increase and improve his mental/ physical health especially by engaging on a daily physical exercises, eating balanced diet, having enough rest etc. in order to increase productivity.

Etimadimene James Seyefa, C & SC, Delta Ports



breaks and eating healthy food/ fruits and prescribed medications.

Orji Joseph C., Legal LPC



rioritize self- care, exercise and stay active. Practice mindfulness meditation, set boundaries, take breaks, vacation time and seek support. Remember, everyone's needs are unique, so it is important to find what works best for you. Experiment with

different strategies and adjust accordingly to develop a routine that promotes your physical well-being, ultimately enhancing your performance at the workplace.

Abdullahi Abdulmutalib, Harbours, Calabar



- Efficiency - Customer Satisfaction - Safety & Security - Innovation -



The **Nigerian Ports Authority** provides professional port operations that meet the present and future needs of our customers.

Our stakeholders are top priority, little wonder we guarantee customer satisfaction and innovation in managing our 6 ports across the nation with the aim of maximizing operational efficiencies and providing value for money to our stakeholders.

e Excellence

We are a National Brand Asset Anchored on Service Excellence

Nigerian Ports Authority

...To be the Maritime Logistics Hub for Sustainable Port Services in Africa...



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