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IN THIS EDITION, WE SAMPLED
OPINIONS FROM OUR
EMPLOYEES ON OFFICE
CAFETERIA AND ITS EFFECT ON
PRODUCTIVITY. AS WE
DEDICATE THIS EDITION FOR
THE IWD, MAJORITY OF OUR
RESPONSES WERE FEMININE.



NPA News

Monthly Online Newsletter of the Nigerian Ports Authority

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INTERNATIONAL WOMEN'S DAY IWD 2023

As the world celebrate the International Women's Day, 2023 (IWD 2023) with a Theme "DigitAll; Innovation and Technology for Gender Equity, the NPAnews online join the global community to congratulate the entire Female Employees of the Nigerian Ports Authority, NPA.

We celebrate our women gender as they Champion the Advancement of Transformative Technology and Digital Education in the Nigerian Ports Authority.
CONGRATULATIONS.





Gender Equity is the state of equal ease of access to resources and opportunities including economic participation and decision making regardless of gender.

On the 8th of March, 2023, the Managing Director, Nigerian Ports Authority NPA, Mohammed Bello Koko, honoured the women as the authority joined the global community to celebrate the World International Women's Day. The IWD is a day set aside to celebrate the achievement of women across the globe and to break the bias against women.

Also in this edition, we sampled the opinion of some employees on the role a staff canteen in the work place can play in the efficiency and productivity of employees.

Others are from our regulars: Events, Health & Safety, Work Ethics, Maritime Terms as well as the Serialization of Information Act.

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and in emails of allofficers/staff of NPA.

Contributions are welcome from members of staff. You can send high resolution photographs of your social events like birthdays, marriages, burials, etc
All correspondence to be sent through: npanews@nigerianports.gov.ng



A lot of people attack the sea, I
make love to it.

— Jacques Yves Cousteau —

AZ QUOTES

OUR VISION: TO BE THE MARITIME LOGISTICS HUB FOR SUSTAINABLE PORT SERVICES IN AFRICA



FROM THE
ARCHIVE

Alhaji Shehu Shagari is the First Civilian President of Nigeria in the Year 1979 and ended his tenure in 1983 due to a military coup intervention.



Contributions are welcome from members of staff. You can send high resolution photographs of your social events like birthdays, marriages, burials, etc



WORK ETHICS

WHAT IS ETIQUETTE?

Customary Code of Polite Behaviour in society or among members of a Particular Profession or Group. It is a code that governs the Expectations of social Behaviour in our workplace.

The code is put in place to respect and project Time, People and Progress. Etiquette in the workplace is important because it can establish respect amongst colleagues.

ETHICAL PRINCIPLES

In the Nigerian Ports Authority, there are some commonly agreed workplace ethical principles.

- Honestly: Don't mislead customers, superiors or subordinates by lying, including partial truths and omissions.
- Integrity: Do what is right, even when doing the wrong
- 007Abenefits, you.
- Work hard.
- Keep your word.
- Respect others.
- Obey the law.
- Appreciate the people who help and support you.
- Take responsibility for your action, including your mistakes.
- Do not discriminate: Treat people fairly.

Conclusion: Good ethical conduct makes the workplace (organization) compliant to work life global standards.

credit: Adekoya N.V. (Mrs)
Prin. Manager, Training affairs.

EVENT DIARY

HAPPY Retirement



Happy retirement **Engr. Allen-Taylor Bankole**, Engineering Dept. Hqtrs.



Happy retirement **Mrs. Adebayo Josephine Omiyemi**, Audit Dept. Hqtrs.



Happy retirement **Mr. Anyanwu Stephen Emenike**, Audit Dept. Hqtrs.



Happy Birthday **Mrs. Ezinne Asinobi**, Prin. Mgr. C&SC & **Mr. Joachim Akinseloyin**, Mgr. C&SC, 21st March



Happy birthday **Mrs. Risqot Giwa Adekoya**, Finance Div. Hqtrs



Happy birthday **Comrade Emmanuel Okafor**, Chairman, Snr. Staff Union, Hqtrs.

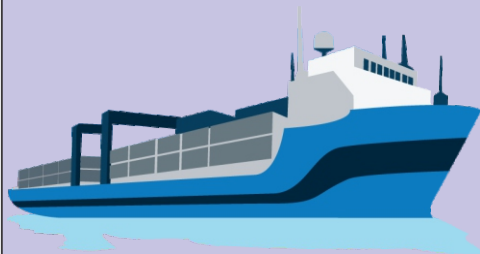


REMEMBERING THE EXIT OF A MARITIME AMAZON

As we celebrate the 2023 International Women's Day, we remember those that have made their footprint in the Maritime Industry.

The NPANews online celebrates post Humously Dame Pham Ngozi Stella Obikili PPcPham, FPSN who died on the 12th of October, 2022. She was buried at Amaezike village, Agulu, Aniocha L. G A, Anambra State.

May her soul continue to rest in peace.



MARITIME TERMS

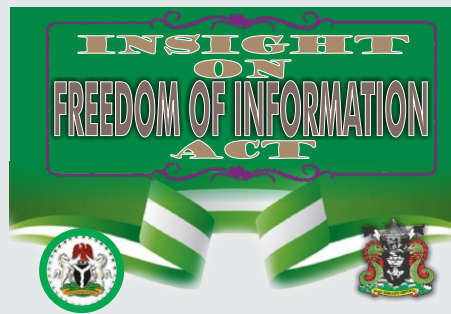
CONT. FROM LAST EDITION

CONTAINER: A box made of aluminium, steel or fiberglass used to transport cargo by ship, rail, truck or barge. Common dimensions are 20x8 (called a TEU or twenty-foot equivalent unit) or 40x8x8, called an FEU. Variations are collapsible containers, tank containers, (for liquids) and "rag tops" (open-topped containers covered by a tarpaulin for cargo that sticks above the top of a closed box). In the container industry, containers are usually simply called boxes.

CONTAINER TERMINAL: A special facility where ocean container vessels dock to discharge and load containers, equipped with cranes with a safe lifting capacity of 35-40 tons, with booms having an outbreak of up to 120 feet in order to reach the outside cells of vessels. Most such cranes operate on rail/trucks on each of their four legs, enabling them to traverse along the terminal and work various bias on the vessel and for more than one crane to work a single vessel simultaneously. Most Terminals have direct rail access and container storage areas and are served by highway carriers.

CONTAINERIZATION: The technique of using a container to store, protect and handle cargo while it is in transit. This shipping method has both greatly expected the speed at which cargo is more from origin to destination and lowered shipping costs.

SeRiaLiZaTiON



LAW OF THE FEDERATION OF NIGERIA (FOI ACT)

ARE YOU AWARE?

CONT. FROM LAST EDITION

Nigeria's Freedom of Information (FOI) Act was signed into Law on May 28, 2011, after the longest Legislative Debate in the history of Nigeria. The Debate lasted for over twelve (12) years. The Law was passed to enable the public access government information.

14 (1) Subject to subsection (2), a public institution must deny an application for information that contains personal information and information exempted under this subsection includes

files and personal information maintained with respect to clients, patients, residents, students, or other individuals receiving social, medical, educational, vocation, financial, supervisory, or custodial care or services directly or indirectly from public institutions;

personnel files and personal information maintained with respect to employees, appointees or elected officials of any public institution applicants for such positions;

files and personal information maintained with respect to any applicant, registrant or licensee by any government or public institution cooperating with or engaged in professional or occupational registration, licensure or discipline;

information required of any tax payer in connection with the assessment or collection of any tax unless disclosure is otherwise requested by the statute;

information revealing the identity of persons who file complaints with or provide information to administrative, investigative, law enforcement or penal agencies on the commission of any crime.

(2) A public institution shall disclose any information that contains personal information if-

(a) the individual to whom it relates consents to the disclosure; or

(b) the information is publicly available

(3) Where disclosure of any information referred to in this section would be in the public interest, and if the public interest in the disclosure of such information clearly outweighs the protection of the privacy of the individual to whom such information relates, the public institution to whom request for disclosure is made shall

disclose such information subject to Section 14 (2) of this Act.

15 (1) A public institution shall deny an application for information that contains-trade secrets and commercial or financial information obtained from a person or business where such trade secrets or information are proprietary, privileged or confidential, or where disclosure of such trade secrets or information may cause harm to the interests of the third party provided that nothing contained in this subsection shall be construed as preventing a person or business from consenting to disclosure;

information the disclosure of which could reasonably be expected to interfere with the contractual or other negotiations of a third party; and

Proposal and bids for any contract grants, or agreement, including information which if it were disclosed would frustrate procurement or give an advantage to any person.

(2) A public institution shall, notwithstanding subsection (1), deny disclosure of a part of a record if that part contains the result or product of environmental testing carried out by or on behalf of a public institution.

(3) Where the public institution discloses information, or a part thereof, that contains the results of a product or environmental testing, the institution shall at the same time as the information or part thereof is disclosed provide the applicant with a written explanation of the methods used in conducting the test.

(4) A public institution shall disclose any information described in subsection (1) of this section if that disclosure would be in the public interest to public health, public safety or protection of the environment and, if the public interest in the disclosure clearly outweighs in importance any financial loss or gain to, or prejudice to the competitive position of or interference with contractual or other negotiation of a third party.

CONT. NEXT EDITION

Health Safety



ROAD SAFETY FOR KIDS

- 13 RULES YOUR KIDS SHOULD KNOW

CONT. FROM LAST EDITION

4. DON'T RUN ON ROADS

Children may not always have patience and may tend to run across the street to get to the other side. They may also run along the road in your neighborhood while playing. Tell your kids never to run across or along the road. Children can get distracted easily and leave their guardian's hand to run or sprint away. Teach your kids to stay calm on the road and never to run or sprint.

5. ALWAYS USE SIDEWALKS

Teach your kids to use the sidewalk when walking on the road. Set an example for them by using the walking paths yourself.

Whether it is a busy street or not, encourage your kid to use the sidewalk to stay safe on the road. If there are no sidewalks, teach them to walk on the left side of the road to face oncoming traffic.

6. CROSSROADS AND PEDESTRIAN CROSSING

Kids have a tendency just to sprint across the street, anywhere they like. That can be dangerous as passing vehicles do not slow down unless there is a signal or a crossroad. Tell your kids to cross only at an intersection and use the pedestrian crossing. If they are in a small neighborhood where there is no crossroad or marked crossing, they should follow the rules mentioned above.

Lessons on pedestrian safety for kids are important and should be included in school curriculum as well.

7. NEVER STICK HANDS OUTSIDE THE VEHICLE

Kids tend to put their hands out of the school bus even when it is moving. Some of them may even put their head out to look back and wave. This is common with students taking the school bus. It may seem like a fun idea but sticking hands or head out of a moving vehicle can be highly dangerous. If children are not careful, they could be hit by vehicles

approaching from the opposite direction or they can be hit by things that are close to the road, like signs and trees.

8. NEVER CROSS ROAD AT BENDS

Bends are the blind spots for motorists. When you cross at a bend, you do not give the vehicle drivers enough time to spot you and stop the car. Tell your kid never to cross at a bend as that can increase the chances of them getting hurt.

9. STAYING SAFE ON A BICYCLE

If you have an older kid who rides his bike to school or around the neighborhood, make sure he is aware of and follows the following cycling rules to stay safe on the road.

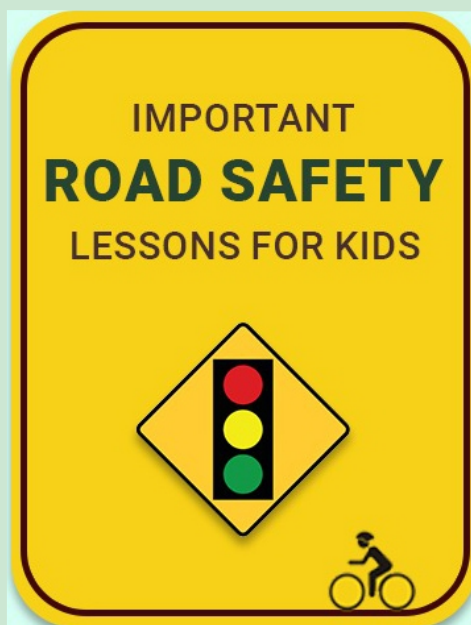
Always wear a helmet when riding a bike. Check if [the bicycle](#) is in working condition before using it – check for breaks and light, if using at night.

Always use the bicycle lane. In its absence, ride the bike on the extreme right or left side (whichever is right in your country) of the road and move along with traffic. Keep your eyes and ears open to make way for larger and faster vehicles behind you.

Always use a light in areas with poor visibility and at night, to be easily noticed by motorists. It is helpful to wear reflective material and flashing lights to help motorists notice you in the dark.

Do not allow kids to ride a cycle on busy streets without parental supervision.

CONT. NEXT EDITION



By Engr. Dafe T. S. Prin. Manager, Safety

WORK HOUR RELAXATION

VOX-POP

In this edition, we sampled opinions from our employees on office cafeteria and its' effect on productivity. As we dedicate this edition for the IWD, majority of our responses were feminine.

The important of office cafeteria cannot be over emphasized. Having the cafeteria at close proximity is of immense benefit to the employees and increases productivity for the following reasons; Saves time and effort: The office cafeteria avails us the facility for dinning so we do not have to leave the office premises and walk long hours to find good food. Ensure hygienic and sanitary standards for food preparation: The office cafeteria will provide more sanitary conditions for food preparations as oppose to the restaurants outside, where we cannot vouch for the sanitary conditions under which the food is prepared. It provides a more relaxed and cordial environment for employees to network and interact professionally.

PRAYER: Management would save valuable man hours by making the cafeteria operative again.



Sarah Oghomeinor
Audit, HQ

Cafeteria plays important role in a working environment because our employees will be sure of the source and healthiness of the food. Secondly, our employees will not waste time preparing their meal before coming to work. Food will also be readily available to our employees as the cleanliness of the food will not be in doubt.



Abdul-Qadir Rizqat Morenike
Audit, HQ

Availability of office cafeteria will reduce the stress of having to walk a very long distance for a decent restaurant to get a healthy meal. A cafeteria in the work place will make it easier to quickly get a re-energizing meal and return to our duty post. Office cafeteria delivers a wide range of healthy and nutritious food and drink options for the workforce.



Onuoha T. Emeka
E R M, HQ

The time invested into finding suitable food while at work can be used for more important task. Preparing food from home to take to work takes its toll on the needed rest as we know what less means to health.



Happiness Lagang
Security, HQ

A hungry man is an angry man. No employee can work happily when hungry or thirsty and they are more likely to be unhappy, tired and perform poorly at work when he does not get enough calories and carbohydrates.

Eating a good meal can help provide the energy one need to accomplish a task. A well-fed employee who are sufficiently hydrated will always be high on energy, happier, less irritable, pleasant and when all that energy is channelled into work at hand it will yield good result. This shows that happy atmosphere, good food and water have a direct effect on the mood of the employees, they suffer less headaches, have better memory and improve responses. It is evident that having an on-site canteen authority-wide can significantly improve staff wellbeing and productivity.



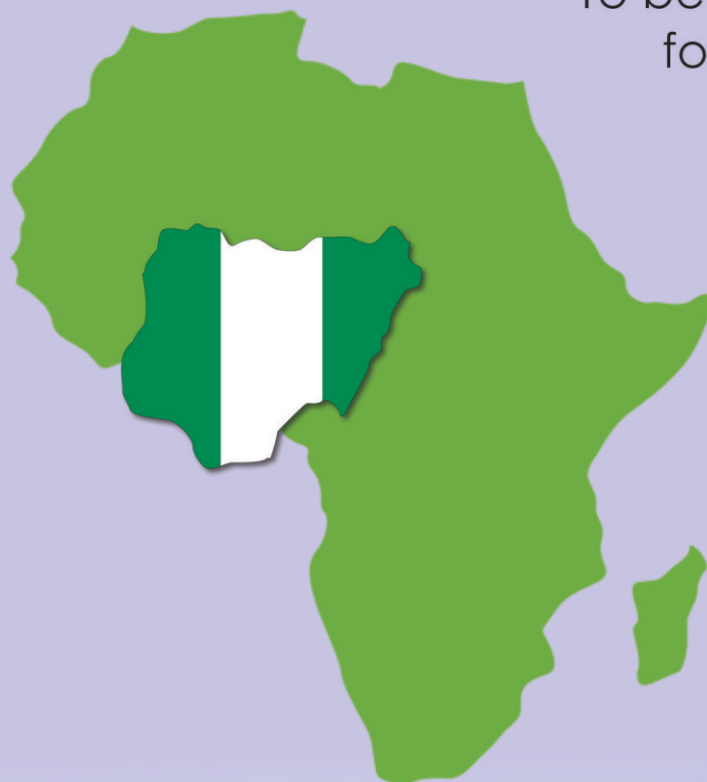
Ekpemadu SC
E & LR





NIGERIAN PORTS AUTHORITY

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for **sustainable Port Services**
in **Africa**



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