



NPA

News

Monthly Online Newsletter of the Nigerian Ports Authority

Vol. 3 No.30 January, 2020

25 YEAR MASTER PLAN: NPA, OGUN STATE GOVT. SYNERGIZE EFFORTS



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The growth and development of any nation's economy is hinged on the availability of resources of the nation as a whole. Developed nations of the world have over time come up with strategies and plans towards taking their source of wealth to the next level and being relevant in the business environment. They often make use of consultants and experts in key sectors to carry out an overview of their present position in order to withstand the pressure in the world economy in view of the competitive nature of the business world.

The Management of the Nigerian Ports Authority (NPA) under its Managing Director, Hadiza Bala Usman informed stakeholders at various fora of its plan at having a 25 year Master plan for the Authority in view of its benefit for the maritime sector and the nation's Gross Domestic Product (GDP).

As part of its strategic plan for effective and expansive port sector, the NPA Management recently hosted a team from the Ogun State Government led by the Ogun State Deputy Governor Engr. Noimot Oyedele-Salako. Accompanying the delegation was Technical Partners for Olokola Deep Seaport project from Abu Dhabi Port.

Experts envisage that the following will form part of the 25 Year Port Development plan. Rise in ship and cargo traffic and the accompanying infrastructural development.

Other features of the Master plan include; Engineering solutions, Role of the ports in national policy, trade and economic development, Phase profile as well as cost and contingencies.

The benefits of the Master plan under the present setting include the prompt allocation of scarce resources by management and also allows for prompt and optimal planning.

Conclusively, industry watchers and technocrats have applauded the present step taken by NPA at effective planning and collaboration with other Stakeholders and Agencies which they say is unique and a step in the right direction. They are of the view that the Port would have witnessed more growth than the present position if such a step had been taken by previous managements.





This edition takes a critical look at the importance of long term planning in the Maritime sector and how Nigerian Ports Authority (NPA) Management has come up with strategic plans and foresight at meeting and containing anticipated progressive developments and challenges especially in the areas of ship and cargo traffic increase and infrastructural development and highlight the synergy between the NPA and the Ogun State Government in this regard.

To further enhance collaboration and synergy at all fronts, the NPA Management played host to the visiting officials of the Lagos Island Central Business District (CBD) led by the Special Adviser to the Lagos State Governor, Prince Olanrewaju Elegusi to its Corporate Headquarters.

We also report that the Management recently fulfilled its promise of having a level playing ground to all in the sector when it commenced the payment of severance package to Dockworkers laid off in 2015.

In line with the Management's drive at attracting investments to the Eastern Ports axis through collaboration, the Rivers Port Manager, Engineer Yunusa Ibrahim Anji hosted Mr. Osman Tat, Political/Economic Chief at the US Consulate who paid a working visit to the Port.

These among many more juicy stories and regulars are served for your reading pleasure.

Catherine Ude
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Production of the Corporate and Strategic Communications Division
Available on www.nigerianports.gov.ng and in emails of all officers/staff of NPA.

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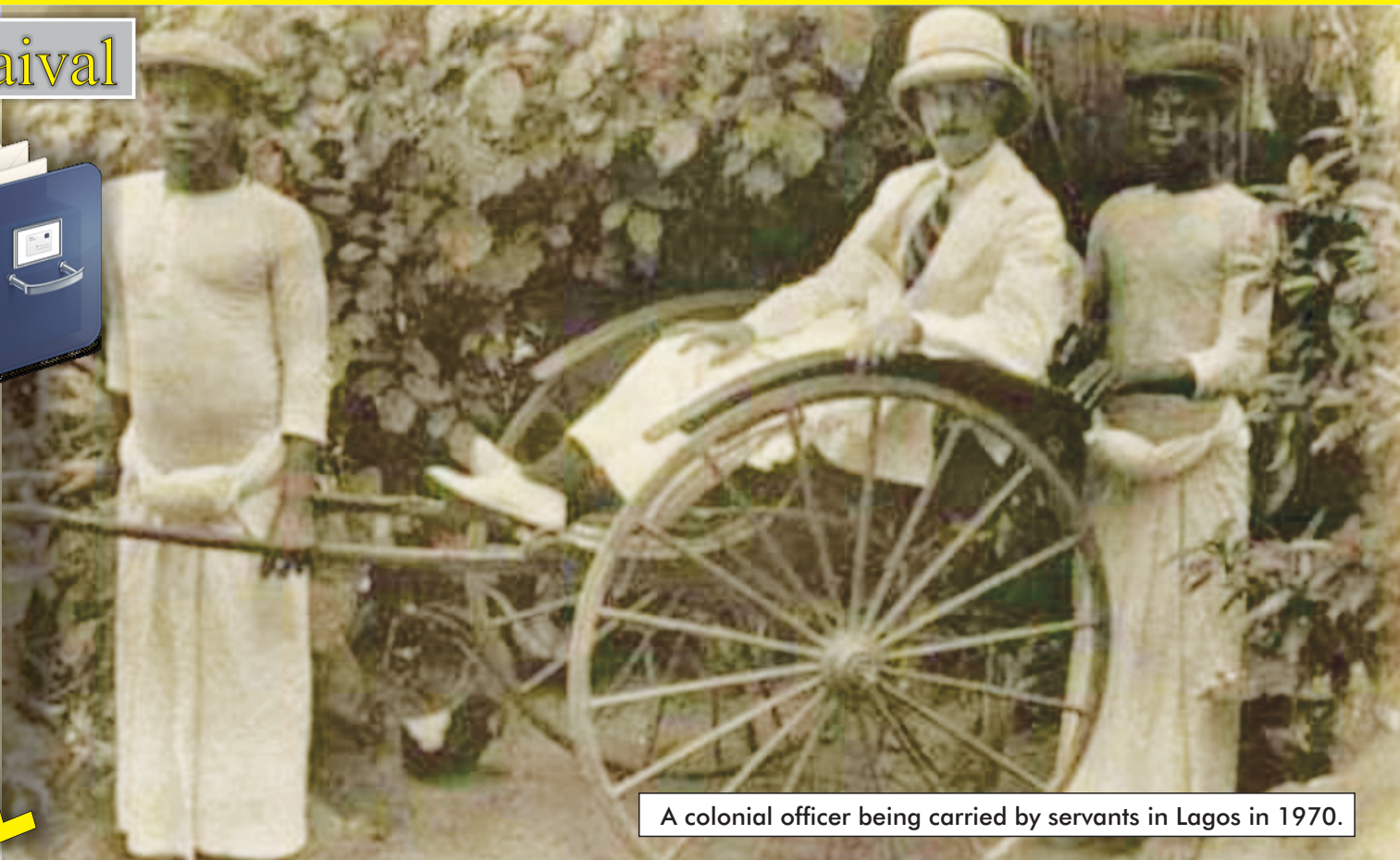
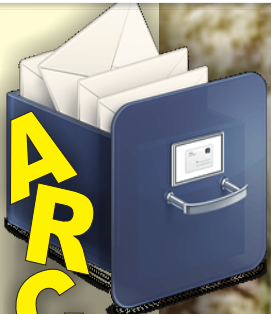
Contributions are welcome from members of staff.

You can send high resolution photographs of your social events like birthdays.

NPA News *Quote*

The **PESSIMIST** complains
about the wind;
the **OPTIMIST** expects it
to change;
the **REALIST** adjust the sails.

Archival



A colonial officer being carried by servants in Lagos in 1970.

WORLD BANK OFFICIALS PRESENT PORTS CONCESSION ASSESSMENT FRAMEWORK (PCAF) REPORT TO NPA

The Management of the Nigerian Ports Authority receives a report on Port Concession Assessment Framework (PCAF) today, from the officials of the World Bank at the Corporate Headquarters of the Organization. This is in furtherance with the NPA's Management effort to improve transparency and clarity in the evaluation of the concession agreement.



US CHIEF VISITS RIVERS PORT, EXPLORE AREAS OF POTENTIAL INVESTMENT



In continuation of their visit to the ports in the Eastern Operations Mr. Osman Tat, the Political/Economic Chief at the US Consulate, Lagos, paid a courtesy visit to the Port Manager, Rivers Port Complex, Engr. Yunusa Ibrahim Anji.

Mr. Osman Tat, had earlier informed the Port Manager that the essence of his team's tour is to explore potential areas of investment in the maritime sector for the American business community who are intent on doing business in Nigeria.

The group raised questions ranging from the Piracy along the gulf of Guinea, especially Nigeria, potential greenfield area of investment in Rivers Ports, the depth of our berths/Channels and the turnaround time of vessels calling at the port.

Responding the Port Manager, told the team that Rivers Port Complex is about 105 years old and was established by the colonial masters for the sole purpose of evacuating raw materials and agricultural products found in the Eastern Nigeria, especially coal. He also stated that as a result of the Nigerian civil war coupled with the age of the Port, the super structure needs urgent attention, thus the Port Manager suggested that American businessmen can invest in the area of provision of infrastructural facilities and upgrade of the Port super structure or other cargo handling equipments.

The team leader Mr. Tat, wondered why the Ports in Eastern Operations are under-utilized, while the Ports in Lagos are experiencing congestion. He thanked the Rivers Port Manager for his in-depth knowledge of port operations and promised to escalate their area of interest to the Managing Director, whom he described as a personal friend and to the American business community.



RIVERS PORT TAKES CSR TO COMMUNITIES

In line with Management's commitment in giving Corporate Social Responsibility a top priority towards ensuring cordial relationship with the host community to maintain peaceful Port environment, the Port Manager Rivers Port, Engr. Yunusa Ibrahim Anji recently made various donations to host communities.

Though, the major host Communities of the Port are Bonny, Isaka, Bundi-Ama and Okari -Ama, several other communities along the coastal line also benefitted from the CSR intervention.

During the presentation recently in Port Harcourt, the Port Manager, Engr. Ibrahim Yunusa expressed his appreciation to the audience, noting that since he assumed duty in Rivers Port, he has enjoyed a conducive atmosphere for operation due to their co-operation and promised to regularly support the host communities within his approved limit.

Educational items such as textbooks, customized note books, school bags, white boards and various other items for schools were donated.

For Youth empowerment, items such as sewing machines, weaving machines, barbing clippers, mechanical/electrical toolboxes, salon hair dryers were also donated alongside Christmas celebration items like rice and oil. The Orphanage and Home of the physically challenged were not left out of the donations.

There are also ongoing hall renovation projects, building of a Rest House in a fishing community and drilling of borehole by the Port Management in the Port's various host communities. The President of Isaka Youth Association, Mr. Samuel Trust among other Representatives, commended the Management of Nigerian Ports Authority for all the efforts towards ensuring the communities benefited from Corporate Social Responsibility and assured Management of continuous support and harmonious relationship.

NPA MANAGEMENT PAYS OFF STEVEDORING WORKERS



President General, Maritime Workers Union (MWUN) Prince Adeyanju Adewale presenting a severance cheque to one of the 2015 disengaged Dockworkers, Oladimeji Tajudeen during the payment exercise in Lagos.

The Management of the Nigerian Ports Authority (NPA) recently fulfilled its promise at ensuring that no stone is left unturned at having a level playing ground to players of the Maritime Sector most especially paying premium attention to the wellbeing of past and present employees in the industry. It recently began the payment of Severance packages to Dockworkers laid off in 2015.

The exercise which kicked off at the Authority's Sports Complex, Bode Thomas Street, Lagos was witnessed under the supervision of the Authorities officials and the Dockworkers Union led by the President National Association of Stevedoring Companies, Mr. Bolaji Sunmola as well as Prince Adeyanju Adewale President General Maritime Workers' Union of Nigeria.

A total of two thousand and fifty-nine (2059) individuals have been paid at different locations across the country. The Dockworkers' Union Executives thanked the Authority for its heart of kindness towards its members when all hopes had been lost.



US CONSULATE VISITS ONNE PORT

Group photograph of some Onne Port Management Staff and Mr. Osman Tat, the Political/Economic Chief at the US Consulate, Lagos, who paid a courtesy visit to Port Manager, Onne Port Complex recently.

MD NPA ASSURES LAGOS STATE GOVERNMENT OF RENEWED SYNERGY



The Management of the Nigerian Ports Authority (NPA) has assured the Authorities of the Lagos Island officials of its desire at further partnering in the area of effective communication and a more cordial working relationship at all fronts.

Speaking while receiving officials of the Central Business District (CBD) on a courtesy visit at the corporate Headquarters Marina, Lagos, the Managing Director of the NPA represented by the Executive Director Marine and Operations Dr. Sokonte Davies informed the visiting team that the Authority is always willing to listen and explore fresh ideas that would ensure transparency in line with guided rules and regulations.

In his response, special Adviser to the Governor of Lagos State on CBD, Prince Olanrewaju Elegusi stated that the visit was to assure the NPA Management of its support at all times as well as attract business interest to the axis.

He stated that effective synergy would go a long way towards the growth of both Agencies and the nation at large.

Health and Safety

By Engr. Dafe T. S. Prin. Manager, Safety

COMPUTER WORKSTATION ERGONOMIC TIPS



Computer Ergonomics is the science of designing a job, equipment and/or workplace to fit the worker. The goal is to optimize the "fit" between each worker and his or her work environment to optimize performance and reduce the risk of repetitive strain injuries

For many employees, sitting for extended periods of time glaring at a computer screen is an integral part of their daily routine. Improper computer ergonomics is a leading cause of neck and back pain, shoulder fatigue, carpal tunnel, and eye strain

1. Positioning Screen

- Ø Screen or monitor should be placed so top of screen is at or slightly below eye level.
- Ø Screen should be placed directly in front of you and not tipped at any angle
- Ø You should sit approximately an arm length (20-28 inches) away from the screen.

2. Mouse use and position

- Ø Hold mouse loosely, with all your fingers.
- Ø Do not rest your wrist or forearm on table while moving the mouse. Use the whole arm and shoulder to move the mouse, not just the wrist. Be careful not to lift the pinkie finger.
- Ø Position the mouse at the same height at the keyboard, keeping hands, wrists and forearms parallel with the floor. Avoid placing mouse on a surface raised significantly above the keyboard requiring in an extended reach to use the mouse.

3. Keyboard position

- Ø Keyboard should be directly in front of you at a height that results in your hands, wrists and forearms parallel to the floor. Wrists should not be bent at any angle while working. Elbows should be at right angles comfortably at your side.

4. Keyboard use

- Ø Assure you are seated in a balanced and supported position with:
 - Head upright and eyes relaxed
 - Neck upright and flexible
 - Shoulders down and relaxed
 - Lower back supported by your chair
- Ø Wrists and fingers should be positioned with:
 - Fingers loosely flexed
 - Thumbs straight and loose
 - Wrists flexible and in alignment with forearms

5. Chair adjustments

- Ø Your chair height should be adjusted so there is little or no pressure on your legs from the edge of the seat. This helps to assure good circulation to your legs, and reduce strain on your lower back.
- Ø Your feet should be flat on the floor with your thighs parallel to the



floor. A footrest may be needed to accomplish this position.

- Ø The backrest should be adjusted so the center of the rest is at the base of your ribcage. Its position forward or back should be such that at least half of your thigh rests on the seat and you do not have to apply pressure to the backrest when sitting comfortably.

6. Exercise

- Ø Take periodic rest breaks in a non-seated position. Fifteen minutes of rest during a 1-2 hour period of working on the computer is recommended. Shorter breaks on a more frequent basis are the most beneficial.
- Ø Changing body position (standing, walking) and focusing on objects at a distance during this rest period will be helpful in reducing fatigue and discomfort

REMEMBER

The way you sit is no minor thing - pain is what an uncomfortable workspace will bring. Ergonomics Helps To Adapt Jobs To The People Who Perform Them.

Your chair is your throne – adjust it to fit your work needs alone.

WORK HOUR RELAXATION

Vox Pop

HOW CAN PARENTING PHILOSOPHY AFFECT MENTAL WELL-BEING OF CHILDREN?



The emotional wellbeing of children is just as important as their physical health. Good mental health allows children & young people to develop the resilience to cope with whatever life throws at them and grow into well-rounded, self-aware healthy adults.

Good parenting involves a great deal of consistency & routine which gives children a sense of control. Good parenting focuses on developing inadequacy in children and involves a style that considers children's age & stage of development.

MERCY IHENACHO

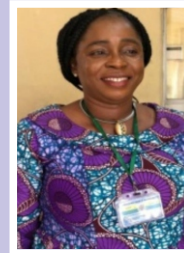
Legal Dept.
Seaview Properties Ltd.



The attitude and modus operandi of parents have a great influence on a child's mental well-being. These can be through verbal and non-verbal communications and can also be positive or negative impacts through positive or negative beliefs and attitudes.

ABDULLAHI NASIRU

Employee & Labour Rels. Dept.
Tin Can Island Port.

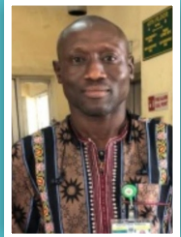


There exist a very strong relationship between Parents and Children. A well-balanced Child is often a result of well-balanced Parents, although, this can sometimes differ due to peer influence.

Parents' attitude in a positive or negative form will definitely affect the child's well-being positively or negatively.

ODINAKACHI N. NWOSU

HR/OPTS Dept.
Delta Ports, Warri.

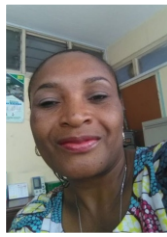


Parenting is the process of raising children and providing them with protection and care in order to ensure their healthy development into adulthood. Parental psychology can affect a child positively or negatively.

The parenting lifestyle in early children upbringing can affect the well-being of children. The parenting styles adopted by parents may make or mar the growth of their children. Strict adherence to moral principles by parents will enable for a good children's upbringing.

OGUNSANYA AMOS ADEBOWALE

Tariff & Billing Dept.
Delta Ports, Warri.



Some parenting styles are Authoritarian, Authoritative, Attachment, Free range, Helicopter, Slow and Permissive parenting.

While authoritarian style has higher risk of rebellious and problematic behaviors, the Helicopter style is usually very protective and unable to draw the limit as the children get older. This may lead to over dependent on parent(s).

Authoritative style provides the structure and set limit to acceptable and unacceptable behavior. It has been widely observed that this style leads to good mental well-being and balanced behavior.

OBINDUKA ADAOBI

Occupational Health Dept.
Rivers port



A good number of parents have not extracted themselves from their own abuse they suffered from their own parents which they have unconsciously

incorporated into their parenting philosophy. Some were brought up by dictatorial and authoritarian parent(s) who carved the image of being larger than life despite many flaws that the children could confront and as such pass that on to their own children.

INNOCENT OGBUEHI

Human Resources
Onne Port Complex



When the synergy that could be a natural product of a healthy marriage for a good parenting attitude is lacking, it affects the mental well-being of the children.

Shouting at children when they misbehave, rather than reasoning with them is more harmful to their overall behavior and so affects their mental well-being.

DAVIES, OWUKORI HUTTON

Audit Dept.
Onne Port



Parenting philosophy are theories or attitudes that act as guiding principles for nurturing behavior in children. Where the parenting philosophy is faulty, you create children that are social deviants, misfit or maladjusted. Parents should lead by example; but it is also necessary to imbibe in children edifying and wholesome virtues of humility, confidence, compassion and faith in God.

LEONARD ONOJA

Legal Dept.
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Nigerian Ports Authority

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