



TRADE FACILITATION: HADIZA, OTHERS INTERACT

The Managing Director of Nigerian Ports Authority (NPA) Hadiza Bala Usman has further solicited from all relevant stakeholders in the transportation sector within and beyond the Continent especially the Players in Railway sector to ensure that all hands and resources are put in place towards the actualisation of the numerous benefits in the sector for the sustainability of the African Blue Economy adding that in today's business world, the Port Operators have embraced the concept of Intermodalism towards the enhancement of trade facilitation within the Sub-Sahara Africa and need to be prepared and contributive to greater successes in order to grow the economy in the area.

She made this remark during the just concluded African Port and Rail Evolution forum held recently in Lagos with the theme **Defining the future of transport infrastructure, maintenance and expansion in West Africa.**

She further stated that the West African Ports and Rail Evolution forum has created a platform for us to discuss Africa's Port and Rail connectivity infrastructure. The development of a sustainable economy through sea trade must be paramount and at the centre of African nations developmental plans.

"The forum was able to offer the opportunity to consider a wide range of aspects from assessing our cross border trade to evaluating obstacles that hamper the development of quality port/rail services in our region. To study the geography of trade our dispositions abilities and how to enhance intra African trade towards regional economic development."

Earlier in his welcome address, Daniel Bloch, Portfolio Director of West African Port and Rail Evolution conference stated that the 2-day conference comprising 120 delegates from more than 12 countries.

Looking at this forum, industry watchers and critical stakeholders strongly agree that the annual Conference could not have come at a better time. It would afford participants the opportunities at improving infrastructure to further attract investment.

The forum is expected to serve as a flash point to strategize on tapping the vast opportunities the collaboration of the Railways in the Port would play in improving trade facilitation in the area of efficiency, safety and improved revenue generation.

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From the Editorial Suites



In our lead story for the month of August, we highlight the recent interaction between the Managing Director of NPA, Hadiza Bala Usman, with critical stakeholders on the need to further boost the synergy of Port and Railway system in Nigeria for swift cargo transfer to complement road transportation.

In addition, the NPA Management continues to attract investors within and outside the country through visits to its Corporate Headquarters Office, Marina, Lagos. The top echelon of Corporate Organizations within and outside the shore of the country have been paying courtesy visit to the NPA Management to further boost collaboration.

The Port Manager, Onne Port, Mallam Alhassan Ismaila Abubakar recently received recognition from Rotary club of Port Harcourt for his humanitarian efforts to host communities amongst other accolades worthy of mention.

Under our Health and Safety corner, our columnists highlight the need for safety at home whilst using a **Gas Cylinder** as well as the amazing benefits of **Thyme** for improved health benefits across board.

Catherine Ude
Editor

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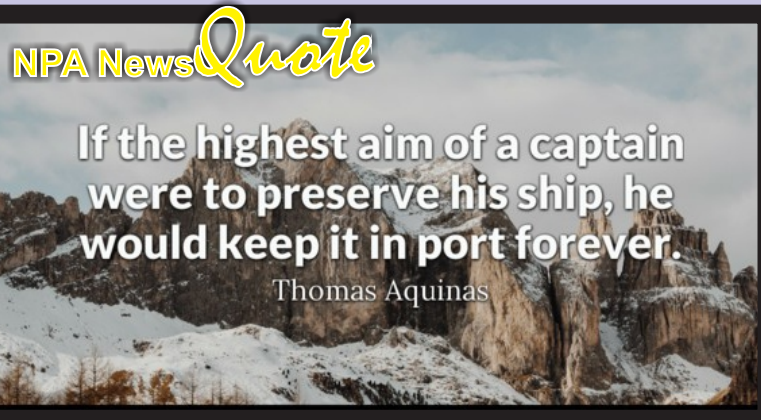
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Contributions are welcome from members of staff. You can send high resolution photographs of your social events like birthdays.



Archival



TINUBU SQUARE, LAGOS - NIGERIA. (UNDATED)

In continuation of Nigerian Ports Authority's operational thrust of synergy and collaboration with Stakeholders, ...

NNPC VISITS NPA

...the Managing Director, Nigerian Ports Authority (NPA), Hadiza Bala Usman, played host to the Chief Operating Officer, Upstream Nigerian National Petroleum Corporation (NNPC), Roland Ewubare and his team during a working visit to the NPA's Corporate Headquarters, Marina, Lagos.



The Managing Director, Nigerian Ports Authority (NPA), Hadiza Bala Usman (5th left), the Chief Operating Officer, Upstream, Nigerian National Petroleum Corporation (NNPC), Roland Ewubare (6th left), with others, during the visit.

NLNG AT NPA

...the Managing Director, Nigerian Ports Authority (NPA), Hadiza Bala Usman, played host to the Managing Director, Nigerian Liquefied National Gas (NLNG). Tony Attah and his team during a working visit to the NPA's Corporate Headquarters, Marina, Lagos.



The Managing Director, Nigerian Ports Authority (NPA), Hadiza Bala Usman (Middle), presents a plaque to the Managing Director, Nigerian Liquefied National Gas (NLNG), Tony Attah (left) with the Deputy Managing Director, NLNG, Sadeeq Mai-Bornu (right) during a working visit to the Corporate Headquarters of NPA in Marina, Lagos.

PROCUREMENT AWARD FOR NPA

The Managing Director, Nigerian Ports Authority, Hadiza Bala Usman recognised by the Nigerian Institution of Procurement Engineers, Lagos Chapter.



The Representative of the Managing Director, Nigerian Ports Authority (NPA), the General Manager, Procurement, Musa Shehu Yaro receiving a plaque of recognition in honour of the MD in prioritising the Public Procurement Process from the Chairman, Nigerian Institution of Procurement Engineer, Lagos Chapter, Engr. Sam Echedom, during a working visit to the Corporate Headquarters of NPA in Marina, Lagos.

WEST AFRICA PORT AND RAIL EXHIBITION



The Technical Director, ARTF, Gabon, Jean-Aime Nzegengui, The Ambassador of Belgium, His Excellence, Daniel Dargent, the Managing Director, National Port Authority of Liberia, Bill Twehway, the Managing Director, Nigerian Ports Authority (NPA), Hadiza Bala Usman, the Director General, Infrastructure Concession Regulatory Commission (ICRC), Engr. Chidi Izuwah, Managing Director, Nigerian Railway Corporation (NRC), Engr. Fidel Okhuria, Director Operations, National Railway Corporation (NRC), Niyi Alli, during the West African Ports and Rail Evolution Conference and Exhibition in Lagos.



ONNE PORT IN FOCUS

OPERATIONAL EFFICIENCY:

STAKEHOLDERS APPLAUD ONNE PORT, RECEIVE HONOUR FROM ROTARY

The Port Manager Onne Port Alhassan Ismaila Abubakar, has been appreciated and applauded by the Management of Brawal Oil Services Ltd Federal Lighter Terminal (FLT) and the Federal Road Safety Corps (FRSC) within the Eleme Division for the prompt response of the Fire Service department as well as the FRSC to the distress call to a recent Fire outbreak which gutted one of its mixing plant in the Terminal adding that it looked further to improved synergy across board between these agencies.

In a letter signed by its Deputy Branch Manager/Commercial, Mr Afam Emmanuel, it stated that the combined effort of personnel from both agencies and other well-meaning individual saved the day and stopped the fire from escalation of the fire from getting out of control.

In a related development, the Assistant Corp Commander of the Federal Road Safety Corps Igwe Arinze has again thanked the Management of NPA for supporting the Child Safety campaign held at Akpajo Eleme recently.

He stressed that "the programme has greatly inculcated safety consciousness and awareness among our children, who are believed to

be the future leaders of this great country- Nigeria".

In a similar vein, the Management at Onne Port was recently applauded and appreciated by the authorities of the Rotary club of Port Harcourt Greenview District 9141 with a community service award for its contributions to the course of charity and support to host community through its Corporate Social Responsibility.

Making the presentation to the Port Manager was the new club President Rtn. Ngozi Chinwe Uadiale at a colourful ceremony held at the NAFOWA multipurpose Hall Air force base Port Harcourt. She commended the Port Management on steps taken so far at improving the lives of the host communities through laudable projects which have impacted positively on the standard of living of the indigenes across board.

Mrs Babara Ejeme Nchey-Achukwu head of Corporate and Strategic Communications Onne Port while receiving the award on behalf of the Port Manager, expressed gratitude for the award and promised that the Hadiza led Management of NPA would not rest on its oars at further empowering the community on relevant skills and provision of tools for a better lifestyle.

She recalled that in 2018, Management empowered three host communities with sewing machines, foodstuff and clothing materials. Present at the event were dignitaries and indigenes of the host community.



EARLY DETECTION IS KEY TO SURVIVING BREAST CANCER - Onne Port Manager

The Port Manager Onne Port Alhassan Ismaila Abubakar has charged women within the Organisation and beyond on the need to constantly carry out breast cancer checks with a view for early detection by relevant medical experts adding that this step if taken seriously would ensure a reduction in the spread of the disease and prevent death amongst women.

Abubakar made this remark at the end of the one-day sensitization programme on breast cancer awareness for women within the Onne Port and its environ. The programme was to remind women of the prevalence of the disease across board.

'Early detection is key to breast cancer, survival rate is higher when it is detected early, I urge women to take the seminar serious. I enjoin all to take notes in the course of the lecture. I lost a sister and a neighbour to breast cancer. I know how it pains to lose a loved one. I was touched, that is why I take this programme serious', the Port Manager noted.

The programme according to him was part of the Hadiza Bala Usman Management Thrust of enhancing the wellbeing of the NPA Workforce towards greater Operational efficiency and improved quality service in line with International best practices.

The winner of the 2018 Face of NPA Mrs Ann Bens applauded the contributions of Management with the sensitization programme stating that she is touched by the spread of the disease and the pain women go through.

Dr.J.J. Agbo, Chief Medical Officer Onne Port, in his remark described the programme as a welcome development by Management which will further assist in complementing the effort of the Health Department of the Organisation at Onne Port.

WORK HOUR RELAXATION

Vox Pop

WHAT WOULD BE YOUR REACTION, IF YOU FIND OUT THAT YOUR SPOUSE BORROWED MONEY FROM YOUR FRIEND WITHOUT YOUR CONSENT?

What is my business with that? Both of them will sort themselves out, since I was not in the picture earlier. I will definitely not involve myself. I will pretend not to know anything about it too and I wish them well. So nobody will call my name when it backfires.



Diepiriye Awobite
Accounts, HQ

My reaction will be to face the issue directly and honestly I will ask her why she borrowed and if she was having financial problems, I will make plan of paying the debt off. Then I will also take her to a marriage therapist to counsel her on the danger of not being truthful.



Babodor Joseph
M&RS, HQ

I will be very angry, most especially if my friend is a man. I will start thinking the kind of relationship my spouse have with my friend, if there are other things they do together without my notice. From that day on, there will be a strain in our relationship.



Famous Ovwimodiwoho
Corp. & Stra. Comm Dept.D/Ports, Warri.

In my anger, I will find out where I failed. has he asked before now and I refused?

I will ask why he did that, I won't query my friend but make my spouse know he belittled me. I would also start watching my friend and my spouse closely to know if there had been a fowl play before now.



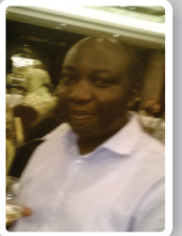
Blessing Osuji
Medical Dept.

I will not be happy with my spouse. The relationship with my friend will cease as there is no trust again.



Bebe Edith
HR/OPTS, Rivers Port

Iwould be disappointed if I found out my wife borrowed money from my friend without my consent. Our relation should be founded on trust. I will not go to her friends without her consent.



Leonard Onoja
Legal, Rivers Port

PARLONS FRANCAIS

Leçon deux (Lesson 2)

The verbs 'Etre' and 'Avoir' are commonly used in French. Last month we studied personal pronoun and verb 'Etre' -To be.

This month we will study verb 'Avoir' -To have

Note; 'Je' can be written as (J') before a noun starting with a vowel.

AVOIR -TO HAVE

J'ai - I have

Tu as - you have

Il/Elle a - He / She has

Nous avons - We have

Vous avez - You (plural) have

Ils/Elles ont - They (masculine/ feminist) have

Commonly used conversations

Quel est votre prénom?

What is your name?

Mon prénom est Funke

My name is Funke

Quell est votre nom?

What is your surname?

Mon nom est...

My surname is ...

Health and Safety

By Engr. Dafe T. S. Prin. Manager, Safety

DANGER SIGNS TO WATCH OUT FOR WHEN USING GAS CYLINDER



There have been many cases of gas cylinder explosions and when this happens, lives are lost and properties worth millions are destroyed. However, there are so many danger signs we need to look out for while using a Gas Cylinder.

Some of these factors are:

Cooking gas cylinders must not exceed five years. Use gas cylinders in a vertical position, unless specifically designed to be used otherwise. Securely restrain cylinders to prevent them from falling over. Before connecting a gas cylinder to equipment or pipe-work make sure that the regulator and pipe-work are suitable for the type of gas and pressure being used. Do not drop, roll or drag gas cylinders. Close the cylinder valve and replace dust caps, where provided when a gas cylinder is not in use.

Where appropriate, fit cylinders with residual pressure valves (non-return valves) to reduce the risk of backflow of water or other materials into the cylinder during use that might corrode. Ensure the valve is protected by a valve cap or collar, or that the

valve has been designed to withstand impact if the cylinder is dropped.

Store gas cylinders in a dry, safe place on a flat surface in the open air. If this is not reasonably practicable, store in an adequately ventilated building or part of a building specifically reserved for this purpose. Gas cylinders should be stored away from sources of ignition and other flammable materials. Avoid storing gas cylinders so that they stand or lie in water.

Ensure the valve is kept shut on empty cylinders to prevent contaminants from getting in store gas cylinders securely when they are not in use. They should be properly restrained unless designed to be free-standing. Gas cylinders must be clearly marked to show what they contain and the hazards associated with their contents. Store cylinders where they are not vulnerable to hazards caused by impact.

Source: [The Nation](#) Newspaper

AMAZING BENEFITS OF THYME TO THE BODY

Thyme is one spice that has an abundance of amazing nutrients which is useful to every part of the human body.

The nutrients in thyme have disease-preventing and health-promoting properties. This aromatic herb is loaded with phytonutrients, minerals and vitamins which are vital for good health. Some of these benefits include:

MAINTAINS HEALTHY SKIN

Apart from its various health benefits, this amazing herb plays an important role in skincare as well.

Its amazing anti-bacterial properties are effective in fighting the bacterial that causes skin acne.

Thyme is often incorporated as an ingredient in acne creams and face washes. Thyme essential oil can be diluted with water and used as a toner to tighten mature skin. It is gentle on your skin and can be used for all skin types.

STIMULATES HAIR GROWTH

Thyme improves blood circulation to the scalp. Rubbing an oil mixture with thyme in it or thyme essential oil benefits in facilitating the delivery of nutrients to the scalp and encourages hair growth besides making it healthier and shinier.

Due to its antibacterial properties, thyme essential oil can clear dirt from the entire scalp and is effective in the treatment of dandruff. It should be kept in mind that there are different types of thyme, the two main varieties being red thyme and white thyme. Excess use of red thyme for hair can cause skin irritation; it is advisable to utilize white thyme in hair mixtures.

TREATMENT OF RESPIRATORY DISORDERS

The antiseptic and antibiotic properties of thyme make it an effective remedy for respiratory conditions like coughs and bronchitis as well as cold and sore throat. You can prepare your own thyme tea by steeping a couple of leaves in warm water and allowing it to brew. Sweeten it with some honey.

Culled from the **Guardian** Newspaper

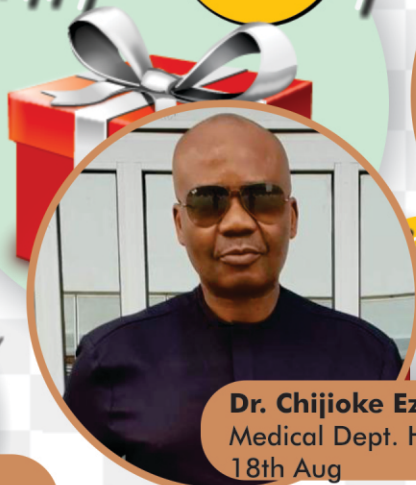


Happy Birthday

Happy Birthday



Dr. Sokonte H. Davies
Executive Director Marine & Operations.
20th Aug.



Dr. Chijioke Ezeudo
Medical Dept. HQ
18th Aug



Engr. Ademola Adeniran
Civil Dept .HQ
19th Aug



C. Ukadike (PhD)
C&SC Calabar
29th Aug.



Onitilo Kehinde .O
HR/Ops. Division, LPC
August 2nd



Olayemisi Edozien
Training Dept, HQ
31st Aug



Ayuba Jimoh Dare
SERVICOM Div. HQ
27th Aug.



Pyenmwa Maimako,
Traffic Dept, LPC
28th Aug



Anthony Chukwuma
MD'S Office, HQ
15th Aug.



Abiodun Oginni
Traffic Dept., LPC.
28th Aug.



Ali Hassan
Security Div., HQ
27th Aug.



Akinsanya Lucy
C&SC Division, HQ
3rd Aug.



Park Maidambe Pire
Tarriff & Billing Dept, TCIP
28th Aug.



Jeribe David
HR/Ops. Division, Rivers Port
28th Aug.



Awa Ndukwe Okoro
Audit Division, Rivers Port
16th Aug.



We believe **TIME** is of more value than money.

With quick turn-around time of vessels which is evident in our increased port operational efficiency, coupled with decreased port cost, the **Nigerian Ports Authority** is living to expectation in its mission at delivering Efficient Port Service in a Safe, Secure and Customer-friendly Environment.

- Efficiency - Customer Satisfaction - Safety & Security - Innovation -



NIGERIAN PORTS AUTHORITY

...To be the Leading Port in Africa...

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