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News



Monthly Online Newsletter of the Nigerian Ports Authority

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NPA MANAGEMENT REJIGS ITS MEDICAL TREATMENT POLICIES ACROSS BOARD

In today's work place, various Corporate organizations have continually placed emphasis on acceptable standard for their workforce for optimal capacity and efficient service delivery across board.

In the light of this, these organizations believe that a very important tool for the sustainability of its polices is through a healthy work force that will drive and implement their policies to the letter in line with International Best Practices.

The Management of the Nigerian Ports Authority (NPA) a leading Maritime body recently outlined policies through its Medical Division for the workforce to embrace and benefit to the letter. Industry watchers welcome this development by Management as an acceptable standard.

POLICIES ON MEDICAL TREATMENT.

Free comprehensive medical treatment is provided by the Authority for employees, one spouse, and maximum of four children under the age of eighteen years.

Any employee who prefers to be treated by private practioners instead of availing himself of the Authority's medical facilities shall bear all expenses incurred for such treatment and shall not be entitled to any reimbursements.

Purchased out-of-stock medicines in Authority's clinic should be presented to the Pharmacist-in-charge for the certification of quantity and quality. Application for reimbursement of expenses incurred should follow due process, attaching original receipts of payment emanating from the medical services received along with a duplicate copy of the doctor's prescription.

An employee hospitalized outside the Authority's facilities in an emergency situation should inform the medical department within **seventy-two (72)** hours, following which the department shall confirm that the employee was hospitalised in an emergency situation.

Reimbursement of hospital bills from emergency treatment outside the Authority's facilities shall be accompanied by an application from the employee and medical report from the hospital.

Any employee placed on sick leave by a Government or private medical practitioner should submit the certificate to the Authority's medical officer at the employee's work location within **three (3) days** for certification.

An employee who is granted Management approval to proceed for overseas medical treatment should notify the General Manager Medical Services of date of departure.

Accordingly, an employee on return from overseas medical treatment should submit the medical report and other related document to the General Manager Medical Services for further necessary action.

An employee who requires extension of stay on Management sponsored overseas medical treatment should seek Managing Director's approval while abroad stating reasons for the extension and attach a medical report from the specialist.

Ambulances in the Authority are provided to convey sick or injured employees/dependants to and from hospitals, diagnostic centers for purposes of treatments and investigations as applicable.

The ambulance is not for conveyance of corpses or to be used as utility vehicles to run routine or local errands.

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From the Editorial Suites



In this month's edition, we inform you that Organizations world over have continued to come up with the policies for enhanced productivity and efficient service delivery. These policies are expected to be driven by a group of trained individuals [**Workforce**] who are mentally and physically fit.

Following this development, the NPA Management recently rejigged its medical policies for officers and staff for improved services through its Medical Division when it rolled out guidelines in line with Internationally acceptable Standard.

In addition, we inform you that the Authority has again taken a bold step at further rejuvenating its Operations towards a more efficient service delivery when it recently declared open a Simulation Centre located at the Dockyard, Apapa.

It is expected to serve as a training ground for those in the operations, i.e. Pilots, Mooring Men, Radio Signal operators, etc. It would save the Management and the country at large the cost of foreign trainings as well as promote local content amongst others.

The Nigerian Ports Authority Board Members led by the Chairman, Chief Emmanuel Adesoye as part of its oversight functions recently paid a working visit to Ports and Terminals within the Apapa axis for an improved and efficient Port services.

In addition, we also bring you our usual and entertaining "Vox pop" for your reading pleasure.

Catherine Ude
Editor

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Contributions are welcome from members of staff.
You can send high resolution photographs of your social events like birthdays.

NPA NewsQuote

"Life's roughest storms prove the strength of our anchors."

Archaival



FESTIVAL OF ARTS AND CULTURE (FESTAC) NIGERIA
15th JANUARY - 12th FEBRUARY, 1977

MD NPA ELECTED VICE CHAIR OF IMO COMMITTEE

The Managing Director of the Nigerian Ports Authority Hadiza Bala Usman was recently elected as Vice Chairperson of Facilitation Committee (FAL) of International Maritime Organization (IMO) for a period of one year. Bala Usman who also doubles as the Vice President African region of the International Association of Ports and Harbour, IAPH would assist the Committee headed by Mrs. Marian Angsell from Sweden to ensure the safety and security in the Maritime Sector and its environs. The Editorial team of the In-House newsletter heartily congratulates Hadiza Bala Usman for this accomplishment.



NPA RECEIVES AWARD



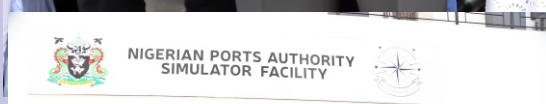
The Nigerian Ports Authority (NPA) has been adjudged the Most Productive Government Agency of the year by the Global Excellence Communications, Nigeria's Hottest Celebrity Journal in Lagos. The representative of the MD, NPA, the General Manager, Corporate and Strategic Communications, Engr. Adams A. Jatto (2nd from right) received the Award from the Chief Executive Officer (CEO), IRACHY PR and Founder, African Women Foundation for Nation Building. Dr. Bukky Bello Jaiyesimi (right), and supported by the GM, SERVICOM, NPA, Hajia Harira Mohammed (4th from left), the Asst. Gen. Mgr, Environment, Khadijat Sheidu Shabi (3rd from left), the Principal Mgr, C&SC, Catherine Ude (2nd from left) and the Snr. Mgr, C&SC, NPA, Victoria Tarfa (left) during the event.

NPA COMMISSIONS SHIP SIMULATOR

The Nigerian Ports Authority (NPA) unveils an ultramodern Marine and Harbours Simulation Centre, which was commissioned by the Minister of Transportation, Rt. Hon. Rotimi Chibuike Amaechi at the Nigerian Ports Authority (NPA), Dockyard, Apapa, Lagos.



The Minister of Transportation, Rt. Hon. Rotimi Chibuike Amaechi (2nd from left) Commissioning the Simulation Centre, the Managing Director, NPA, Hadiza Bala Usman (3rd from left), the Chairman NPA Board, Emmanuel Olajide Adesoye (left) and the Executive Director, Finance & Admin. Mohammed Bello Koko (right) at the event.



The Minister of Transportation, Rt. Hon. Rotimi Chibuike Amaechi (6th from left) the Managing Director, NPA, Hadiza Bala Usman (7th from left), the Chairman NPA Board, Emmanuel Olajide Adesoye (8th from left), Top Management of NPA and other dignitaries at the event.

DELEGATES OF THAILAND BOARD OF INVESTMENT VISIT NPA

Delegates of Thailand Board of Investment paid a courtesy visit to the Management of the Nigerian Ports Authority (NPA) at the Corporate Headquarters in Marina, Lagos.



The Representative of the Managing Director, Nigerian Ports Authority (NPA), the Executive Director, Marine and Operations, Dr. Sokonte Davies (10th from left), the Head of Delegation, Thailand Board of Investment, Bung-On Thitapaisalpol (9th from left), Top Officers of NPA and other delegates during the visit.

NPA PILOTS SHINE AT MAIDEN LNG AWARD NIGHT



The Rivers Port Management of NPA recently rolled out the drums to applaud the conferment of awards to two of its Pilots who bagged awards for their outstanding performance and high sense of professionalism to duty amongst their peers. The award ceremony which was instituted by the Liquefied Natural Gas Marine (LNG) Terminal Operations, the first of its kind for 2018 took place at the Banquet Hall of Bonny Terminal, Bonny Island. Pilot Ovat Albert won best NPA Pilot while Pilot Omegu Christopher Uchie received the first runner up award.



NPA MANAGEMENT TO FURTHER ENFORCE CERTIFICATION OF TRUCKS FOR IMPROVED CARGO OPERATIONS

The Rivers Port Complex Port Manager Mallam Umar Abubakar Garba has assured all Partners and users of the port facility that all hands would be on deck in enforcing the Certification of trucks entering the Port adding that the recent enforcement carried out by the Port Authority has yielded positively in the area of increase pilotage by vessels, drastic reduction of incidents and most importantly improved safety of lives and properties. Umar made this remarks, when he received the Zonal Commander, Federal Road Safety Corps (FRSC) ACM Kingsley Agomoh in his office during a courtesy visit. Earlier in his welcome address, the visiting Commander informed his host that the visit was meant to express the command's appreciation to the Port Chief as well as seek for ways of strengthening the cordial relationship between both agencies which dates back to 18th February, 1988 when the FRSC was established. He enthused that it would further assist the NPA in ensuring the standardization of Trucks Operating in the Port as well as the swift issuance and renewal of vehicle licenses to those who intend to cut corners. Present at the parley were the top echelon and officers of both agencies.



Health and Safety

By Engr. Dafe T. S. Prin. Manager, Safety

UNSAFE DRIVING ACTS

Often Motorists knowingly or unknowingly engage in some unsafe driving acts without realizing the effects. Below are some of the unsafe acts by drivers, and the effects.



	Unsafe Acts By Drivers	Leading Factor(s)	After Effects
1.	Driving without valid and complete vehicle documents	- Indiscipline	- Loss of Man hour due to arrest - Prosecution
2.	Drunkenness	- Indiscipline	- Sickness - Loss of Control - Accident
3.	High Volume Radio/Cassette Music	- Over confidence - Over Indulgence	- Loss of Control - Accident
4.	Prolonged conversation with passenger(s)	- Over confidence	- Accident
5.	Sleeplessness	- Indiscipline - Lack of planning	- Accident
6.	Making/Receiving GSM call	- Impatience - Indiscipline	- Accident
7.	Stepping out suddenly onto the road	- Recklessness - Impatience	- Accident
8.	Changing lane suddenly	- Recklessness - Impatience	- Accident
9.	Turning without warning	- Carelessness - Recklessness	- Accident
10.	Dangerous overtaking	- Recklessness - Impatience	- Accident
11.	Driving with one hand	- Over confidence	- Accident
12.	Cutting corners e.g. driving against traffic	- Arrogance - Impatience	- Loss of time - Prosecution - Accident
13.	Abuse of traffic rules e.g. beating of traffic light	- Impatience - Arrogance - Recklessness	- Prosecution - Loss of time - Accident
14.	Eating/ drinking	- Over confidence - Indiscipline	- Accident
15.	Reading or writing		- Accident

Remember

1. You can't get home, unless you're safe
2. Accidents do not happen, they are caused
3. Road safety is a state of mind, accidents are an absence of mind

WORK HOUR RELAXATION

Vox Pop

LETTING GO, EASES ANGER AND PAIN, DO YOU AGREE?



It has been noted that pains and anger are two major things that can never be avoided, as they are inevitable. Letting go and maturely handling these two things in one's life is key. The result of harboring these negative feelings is not to have good relationship with others. Forgiveness allows one to forget or clear away all pains and avoid unnecessary frustrations and illness. It's also important to let go of anything, because it aids employee's participation (efficiency) and teamwork in any form. In conclusion, it's important one thinks and stays calm before talking or acting in order to prevent hurting anyone. This helps to stop transfer of aggression and many more ill feelings.

OWOPELU TUNMISE
EMPLOYEE & LABOUR RELATIONS, HQ



Unforgiveness is a heavy burden on the bearer. One can never be free of bitterness as long as he/she continues to think unforgiving thoughts. Thought of bitterness can't create joy; no matter how justified you feel you are, no matter what they did to you. If you insist on holding on to the past, then you will never be free.

Unforgiveness allows ill-feeling, shame and regret to shape our actions in the present. It creates stress in our minds and bodies, leading to serious health issues and pain in our heart.

Forgiving yourself and others will release you from the prison of the past. Just let go, free your mind and have peace.

ADEBAJO, ELIJAH ADETOYE
PORT ENTERPRISE RISK MANAGEMENT OFFICER,
RIVERS PORT



Letting go is leaving everything that has been done to you behind and moving on from it, not lingering on those things that have hurt you. I think letting go to a great extent eases anger and pain. It makes one to move on and is also good for the health in the sense that things are not bottled up and one is free to live his/her life the way he/she wants to. It also depends on one's temperament and background but in order for a person to let go easily, the person has to vent out that frustration or anger in their own way for them to freely have peace of mind.

TAIWO MOMOH
HARBOURS, LPC



To an extent I seriously agree that letting go to anger gives your mind peace, but on the other hand there are things that happens that will give you shock of your life in such cases letting go becomes an issue you keep thinking about. The memory keeps giving you nightmare, now the question that comes to mind is can you let go? An instance is when you find out that your wife that you choose as your priority has a concubine (i.e. having extramarital affairs) I am not of the opinion that letting it go does not ease anger and pains but there is limit to what you can let go.

ZWALPON SALE
FIRE SERVICE, LPC



I am indifferent to the above statement as letting go depends on the situation and circumstances. I equally agree to some extent, but it cannot be completely erased from one's mind but simply just to allow peace to reign.

LAWAL OLUSOLA G.
AUDIT DIVISION (P&C), HQ

Yes. First of all, recognize the source of your anger and try to evaluate the situation or find a solution to the issue but then letting go does not really mean the issue is not there, it's just a way of showing maturity over the situation. Preferably find a workable solution, then recognize the things that are out of your control and understand that you cannot change them, knowing what you can control will let you use your limited energy in the most effective way possible. So practice forgiveness, it will set you free.

SALLY WAMBE
CORP. & STRATEGIC COMMS, HQ



Foluso Adama
7th April
Employee & Labour Relations Dept.
HQ



Binta M. Abubakar
6th April
Training Dept. LPC



Abdukadir G. Gusau
15th April
Operations Dept. HQ,



Mbah Eunice
11th April
C&SC. HQ



Chinedu Agu
19th April
Office Manager, HQ



Omolola Amusa
14th April
C&SC. HQ



Friday Eze
21st April
C&SC. HQ



Dahunsi Isiaka Adeolu
29th April
Audit Dept. HQ



Agatha Igwebuike
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C&SP Dept. HQ,



Nwachukwu Okoroafor
16th April
C&SC, Rivers Port



Kachollom Lar
30th April
Finance Dept. Rivers Port, PH



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HR Dept. LPC.



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11th April
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14th April
Rivers Port, PH



Maxwell Iloegbunam
1st April
Legal Dept. HQ



Ekobe Lucy
14th April
Delta Ports



Jane .U Eke
24th April
PPP Dept. HQ

...the world within our reach...



NPA

With an increased port operational efficiency, decreased port cost and decreased financial burden on government,

Nigerian Ports, becoming the Hub of International Trade and Freightin in West and Central Africa.

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Nigerian Ports Authority

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